

17 Ways to Help Out with Foster Care

1. **Prayer** – Pray as an individual or a group for the needs of the children and families in this area. Pray that your community, church, or organization can meet the needs that they have.
2. **Resources** -Provide One Church One Child with a list of activities or community helps that an organization, community, or church is willing to let the children, biological families, and foster families use.
3. **Waive fees** - for Foster Kids, Foster Families, or the Biological Families for activities.
4. **Support and Encourage** - families in your church who choose to foster. Commit to pray for them, provide meals, provide relief care, provide financially, help with transportation, etc...
5. **Support and Encourage** - Families in the community who choose to foster. Pray for them, provide meals, provide relief care, and help with transportation.
6. **Help with local drives**
 - a. Snacks for children being sheltered
 - b. 1st placement back packs
 - c. Christmas Toy Drives
7. **Participate in Local Fundraisers or Donate to Local Foster Care Groups**
 - a. Giving Hope Collation (208) 659-8210
 - b. CASA (208) 667-9165
 - c. Foster Parent Support Group (208) 676-1186
 - d. Independent Living Conference (208) 665-8949
8. **Awareness in your personal circle**- bring up the need for foster care in your community by talking about it or social media
9. **Awareness to the community**
 - a. Set up the Heart Gallery during church or at an event
 - b. Invite One Church One Child, CASA, Wendy's Wonderful kids, PATH, Specialized Recruitment, and Idaho Child Welfare Training Center to come speak about supporting youth.
 - c. Information night at your church - One Church One Child and the Recruitment Team would talk to your community or church members about Foster Care
 - d. Speak out about it
10. **Mentoring**
 - a. Provide mentoring for Teens in care
 - b. Provide mentoring for Biological Parents
11. **Transportation** - Help transport kids or parents to visitation and/or appointments
12. **Be Part of Local Group or Board**- that meets regularly to discuss how to raise awareness and better meet the needs
13. **Use your personal resources** - and connections to help get support for the children, foster families, and biological parents.
14. **Random act of Appreciation or Kindness** – Give one of these to a social worker to hand out or send directly to someone you know
 - a. Send a note or gift card to a foster family to say thank you.
 - b. Send a note or gift card to a biological family to show support and encourage them.
15. **Put on classes** - for foster Youth (Cooking, Financial Peace, Life Skills, Etc...)
16. **Support a Child Aging out of Care** – Spiritually, Emotionally, Physically, Financially, etc...
17. **Provide counseling** - to Biological Parents



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